

# Dummies

Could you talk with something  
this big in your mouth?



Speech and language therapy

## Dummies

- Try to wean your baby off their dummy by 12 months old.
- Dummies stop babies from babbling which is important step in learning to talk.
- Learning to talk can be difficult, so toddlers need lots of practise.
- A dummy may stop your child from chatting with you.
- If your toddler is still using a dummy, always ask him to take it out before you talk to each other.
- For help and advice, you are welcome to talk to us or contact your child's health visitor.

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**If you would like help to understand this document, or would like it in another format or language, please call 01432 363975**