

HEREFORD - MUHEZA LINK SOCIETY

(Working with Health Services in Tanzania, East Africa)

Supported by the E.F. Bulmer Benevolent Fund & the Hereford Acute Hospitals NHS Trust.
Patrons:- H.E. Mrs. Mwanaidi Maajar, Bishop Michael Hooper, Bishop Philip Baji, Paul Keetch, MP,
Mrs. Cessa Moore, and Bill Wiggin, MP.
Registered Charity - 1086887

ITEMS SUITABLE FOR SENDING TO MUHEZA

Early in December 2007 we intend to send a shipping container to Hospitali Teule, Muheza.

What items are suitable? They must be of use at Muheza.

Equipment must be robust and easily mended. The Link is prepared to consider a nominal payment for items if requested.

Useful items include:-

Scissors, Forceps, Gallipots,
X-Ray Boxes,
Diagnostic instruments, e.g. Ophthalmoscopes; Sphygmomanometers,
Wheel chairs,
Splints, sticks, crutches and Zimmer frames.
Scales
Thermometers
Bed Sheets

If in doubt before scrapping or throwing away equipment please contact Richard Collins at 01568 797434

Consumables which are suitable include:-

Dressings, Cotton wool, Bandages, Drapes,
Needles, L.P Needles, Syringes, Sutures, Insulin Syringes, Glucotrend or Acucheck stix
(Hospitali Teule has plenty of glucometers)
Cannulas, Butterflies and I/V giving sets.
Gloves,
Any Urinary Catheters, including 3 way, ureteric etc.
Endo-tracheal tubes (these can be sterilised so expiry dates are no bar to use),
Colostomy bags, wafers, stomas etc.
Incontinence pads and nappies
Paper – blank on at least one side.

Drugs:- The Tanzanian authorities will not accept drugs past their expiry dates. If drugs are available which are well within their dates (at least 6 months), and unopened (individually wrapped or in sealed containers), please contact Richard Collins at 01568 797434. Antibiotics, analgesics, anti-emetics, diuretics, digoxin, topical and systemic corticosteroids, topical anti-fungals, bronchodilators and laxatives are generally useful. Some “simple” drugs for hypertension may be worth sending.

Please note this is not an exhaustive list and if you know of items which you think may be useful please ring Richard Collins (tel. see above) or John Wood (number & e-mail below)