

Myths about Pain Medication

If you are taking medication prescribed by your Doctor then it is safe to drive.

Not true. Opiate medication can affect your driving.

Painkillers are helpful for everyone, it's just a matter of finding the right drug and the right dose.

Sadly not true. Most people do not find painkillers work in the long term.

My pain is severe so I need to take stronger painkillers.

Not true. Sometimes taking strong painkillers for a long time actually makes your pain system MORE sensitive.

If I reduce or stop my pain medication my pain is bound to get a lot worse. I'd never cope without it.

Often pain medication doesn't work. People find that their pain is no worse if they reduce gradually. Without some of the side effects you might find life is easier, not more difficult.

If medication is prescribed by a doctor you can't get addicted to it.

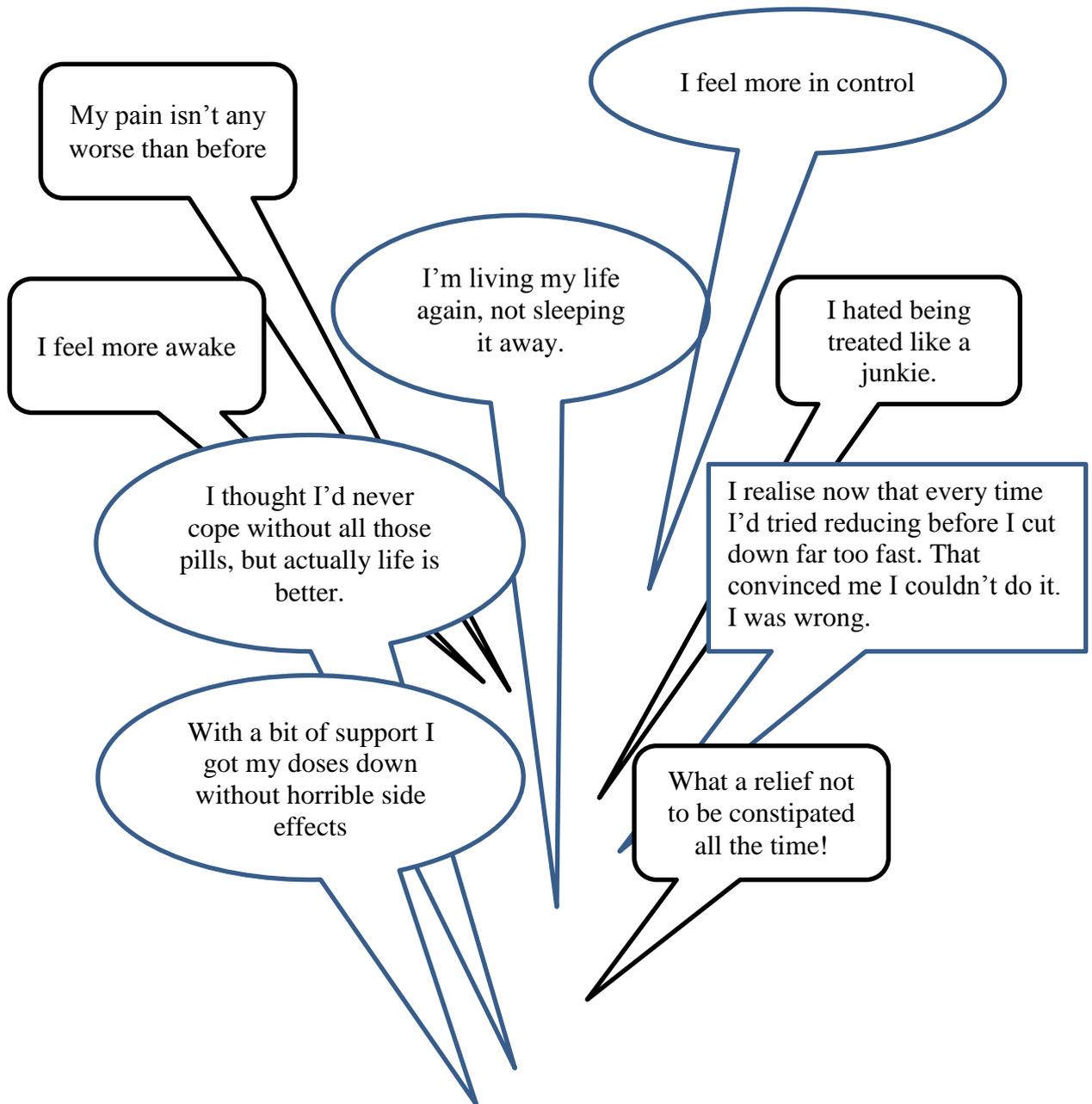
Not true. Although addiction is not common, many more people become dependent on opiate medication. Your body gets used to the drug. That's why you need to cut down slowly

If a drug isn't working you can just stop it

If your body is used to a drug you can get withdrawal effects if you stop suddenly. Get some advice and made a plan.

I've tried cutting down before and my pain was terrible. It will be the same if I try again.

Lots of people have that experience. If you have a slow reduction plan you could be successful.



Here's what people say after they have cut down on opiates