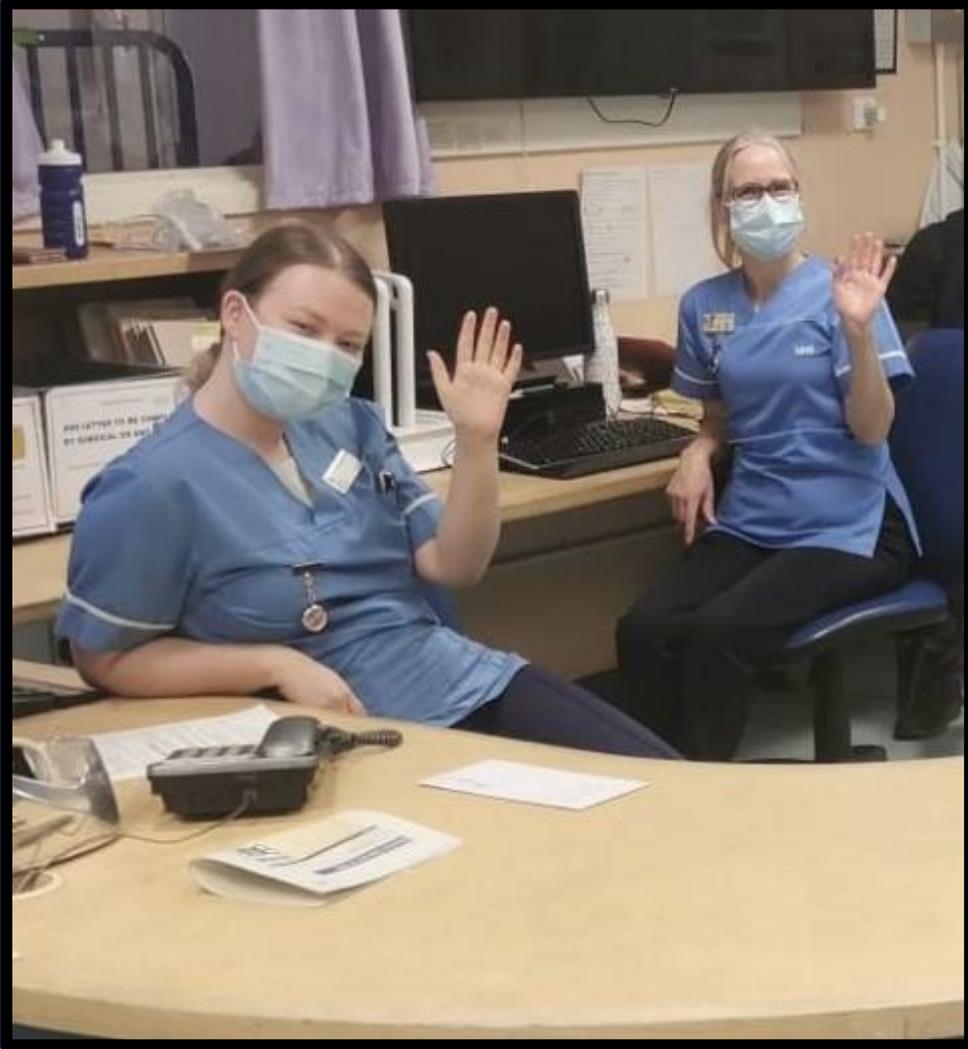


# Welcome to the Children's Ward

A bedside guide for  
children, parents  
and carers.





Welcome to the Children's Ward at Hereford County Hospital. This booklet will explain some important things we think you might like to know about the Children's Ward.

We hope you find it useful.

If you have any questions about the ward, please speak to a member of staff.

We are always happy to help.



We thought this book might help you to feel more comfortable while you stay here.

You might recognise some of the pictures in this book from the Children's Ward walls.

We hope you like the characters from our magical wonderland.

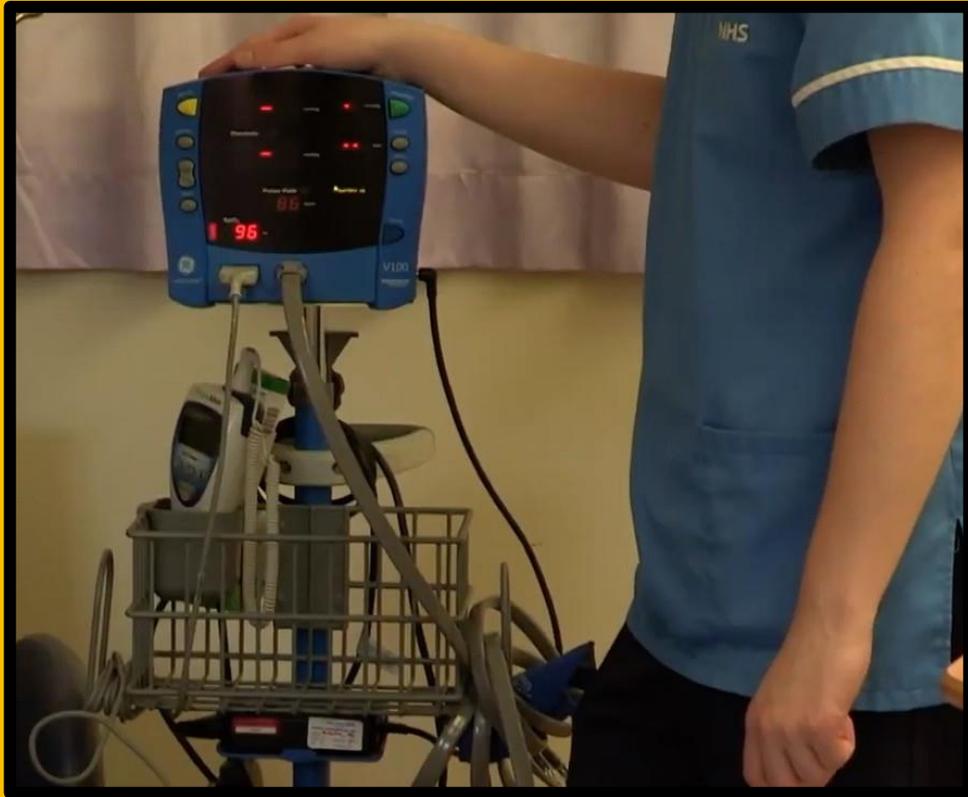


Our friendly staff wear lots of different coloured uniforms. Everyone you meet will say “Hello” and tell you, their name. They will all be wearing a badge with their photograph and name written on it. When you meet a member of our team you can ask to look at their badge if you like.



We hope that you find your bedspace comfortable.

You have your own television which is free until 7:00pm. Next to your bed is a chair that turns into a bed so your grown up can stay with you. Your bed space will have a board with your name and your nurses name on it. Other important information can be put on there too like if you have any allergies.



This is called a 'SATS' machine, the nurses and doctors use it to make sure you're feeling well.

It has a little soft peg for your finger and a band for your arm that fills with air.

This is called 'having your observations done' its very quick and doesn't hurt.



When you arrive on the Children's Ward Your nurse will give you a wristband with your name, your birthdate and your special hospital number.

Your nurse might want to weigh you and check how tall you are.

Please stay in your bed area, if you need to leave, please speak to a member of staff.



We need everyone to stay in their bed spaces because of Coronavirus. But don't worry we can find you fun things to do. We have Play specialists on the Children's ward who have lots of fun activities.

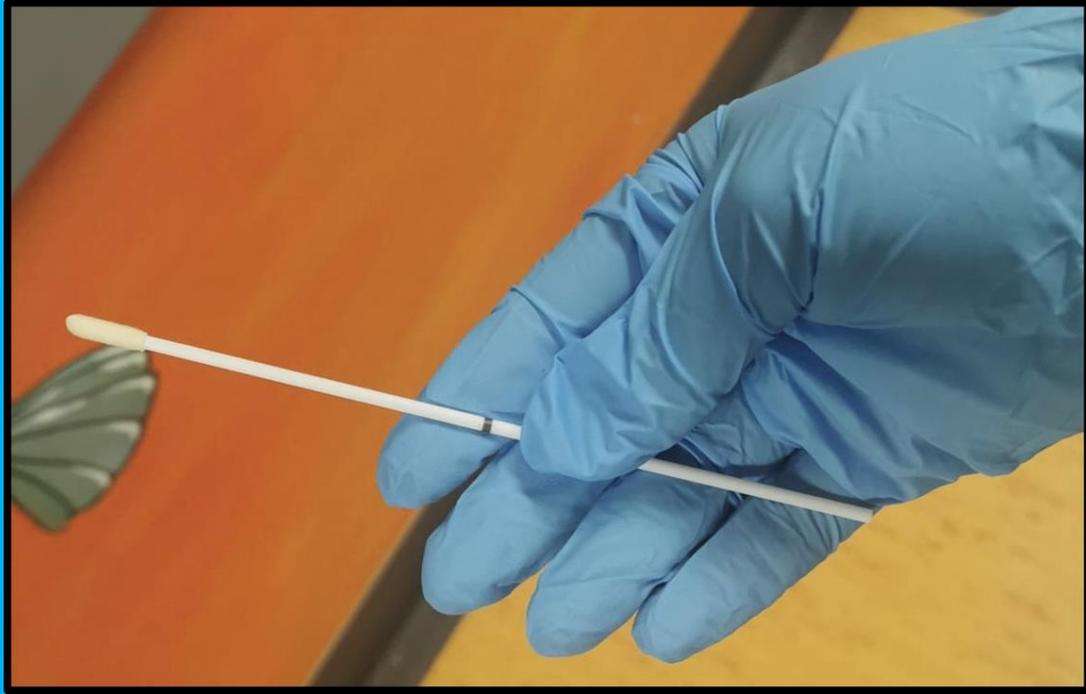
If you are having a procedure that you are not sure about, you can talk to our play specialist's, they are very good at explaining things to children just like you.



We have a menu for you to choose your meals from.

Make sure you tell us what you like to eat.

Breakfast is ready at 8am,  
lunch time is ready at 12pm,  
and dinner is ready at 5pm.



On the ward, all children and their grown ups have a coronavirus test. To give the test, the nurse will put a bit of the swab in your mouth and nose, it will be very quick. The swab looks like a cotton bud. Getting a coronavirus test might feel a bit uncomfortable, but it will be quick and will keep you and others safe.



Here is a picture of one of our nurses wearing personal protective equipment, you might hear us calling it PPE.

You can see she is wearing a mask, face shield and apron.

She is also wearing gloves.

PPE looks a bit strange, but don't worry, she is wearing this to keep everybody safe from coronavirus.

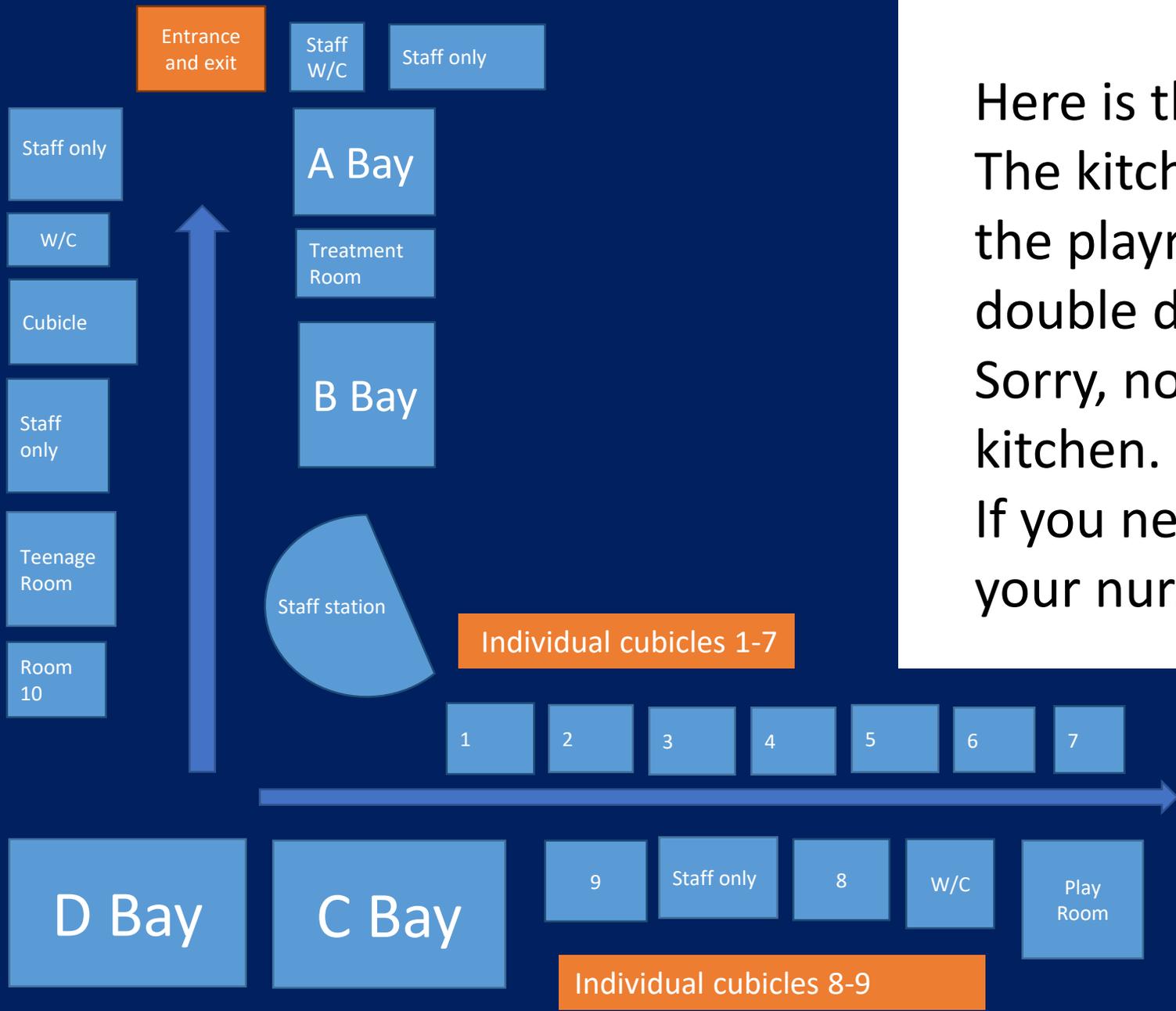
You can see her smiling eyes.

Imagine she is just like a superhero protecting her powers!



We have one room on the children's ward where the doctors and nurses might need to examine you (check you over) or do a test to help you to feel better.

This room has a special toy box, books to look at and stickers to say well done.



Here is the Children's ward map. The kitchen for your grown up is past the playroom and through the double doors. Sorry, no children are allowed in this kitchen. If you need something you can ask your nurse or a staff member.



We really like to hear about what you think of your time on the Children's Ward. Maybe you could draw us a picture or fill in a Monkey Wellbeing form.

Ask a member of staff if you would like to do one too.



We hope that you have found this book helpful.

Grown ups, don't forget to ask the staff on the ward about car parking concessions. The parking fee is capped if you are staying on the ward.

If you have any questions you would like to ask, talk to a member of our team. We are always happy to help.



Thankyou to the Wye  
Valley NHS Trust Young  
Ambassadors team

Illustrated by Tom  
Roberts

